

# 2023 MSHSL 7A South Subsection

May 24th at Esko

## Teams

1. Two Harbors	134
2. Esko	111.5
3. Moose Lake/Willow River	68
4. Carlton-Wrenshall	62
5. Crosby-Ironton	61.5
6. Aitkin	47
7. Mcgregor	44
8. Cromwell-Wright	38
9. Barnum	27
10. Lakeview Christian Academy	22
11. Marshall (Duluth)	8

## 100

1. Kaitlyn McConnell	10	Esko	13.45
2. Delaney Nelson	9	Two Harbors	13.59
3. Jasmine Wu	12	Lakeview Christian Ac	14.03
5. Payton Heittola	7	Carlton-Wrenshall	14.11
4. Teagan Piecek	12	Aitkin	14.12
6. India Johnson	11	Moose Lake/Willow R	14.29
7. Reese Kuklinski	10	Esko	14.31
8. Gabby Loucks	7	Carlton-Wrenshall	14.40
9. Melaina Collins	9	Aitkin	14.45
10. Mariah Hernesman	11	Marshall (Duluth)	14.48
11. Brooke Odland	9	Lakeview Christian Ac	14.60
12. Katelyn Brown	9	Barnum	14.75
13. Brayley Merrier	8	Esko	14.84
14. Samantha Grosnik	10	Lakeview Christian Ac	14.96
15. Amelia McCarthy	7	Carlton-Wrenshall	15.20
16. Bianca McGiffert	12	Marshall (Duluth)	15.23
17. Alivia Menten	11	Moose Lake/Willow R	15.25
18. Lauren Larson	9	Crosby-Ironton	15.95
19. Mckenzie Rimolde	11	Moose Lake/Willow R	15.96
20. Veronica Lueck	11	Crosby-Ironton	16.01
21. Joanna Schiller	7	Cromwell-Wright	16.87
22. Rose Dilly	8	Cromwell-Wright	17.43
--. Gwen Fagerland	10	Two Harbors	DQ

## 200

1. Jenna Marxhausen	12	Two Harbors	27.87
2. Emma Warner	11	Mcgregor	28.04
3. Delaney Nelson	9	Two Harbors	28.17
4. Tyler Orvedahl	8	Moose Lake/Willow R	28.65
5. Teagan Piecek	12	Aitkin	29.11
6. Isabella McCall	7	Barnum	30.57
7. Liberty Clifford	10	Esko	30.78
8. Jocelyn Mundell	11	Moose Lake/Willow R	31.33
9. Eden Bond	9	Lakeview Christian Ac	31.41
10. Natalie Tokvam	8	Two Harbors	31.59
11. Hadley Carlson	7	Carlton-Wrenshall	31.64
12. Izzy Nelson	8	Mcgregor	31.71
13. Londyn Eastwood	10	Crosby-Ironton	32.09
14. Madeline Hipp	8	Esko	32.35
15. Isabella Henline	11	Aitkin	32.89
16. Katelyn Brown	9	Barnum	32.94
17. Remington Olesiak	8	Cromwell-Wright	32.99
18. Lauren Larson	9	Crosby-Ironton	33.00
19. Molly Sheda	9	Carlton-Wrenshall	33.43

20. Torrie Franzen	11	Lakeview Christian Ac	33.77
21. Jayden Wodarz	11	Crosby-Ironton	34.03
22. Mya Gronner	11	Cromwell-Wright	34.41
23. Mckenzie Rimolde	11	Moose Lake/Willow R	35.58
24. Riley Harvey	10	Carlton-Wrenshall	36.14
25. Joanna Schiller	7	Cromwell-Wright	37.18
--. Mariah Hernesman	11	Marshall (Duluth)	DQ

## 400

1. Trinity Giddings	10	Two Harbors	59.74
2. Grace Swanson	12	Two Harbors	1:01.94
3. Siiena Anderson	10	Cromwell-Wright	1:05.46
4. Paige Dean	10	Mcgregor	1:08.35
5. Rebekah Ojard	10	Lakeview Christian Ac	1:09.30
6. Macy Hanson	10	Esko	1:09.48
7. Ella Peterson	9	Two Harbors	1:10.02
8. Eilee Straub	8	Esko	1:10.36
9. Madeline Hipp	8	Esko	1:11.04
10. Brynn McCourtney	9	Marshall (Duluth)	1:12.22
11. Madison Hamilton	12	Aitkin	1:12.38
12. Nadia Tessier	9	Carlton-Wrenshall	1:13.95
13. Adele Bugnacki	8	Crosby-Ironton	1:16.21
14. Rachel Hjort	10	Lakeview Christian Ac	1:16.97
15. Amy Schwoch	10	Carlton-Wrenshall	1:17.54
16. Vera Brown	7	Carlton-Wrenshall	1:19.59
17. Kaelynn Gruhlke	9	Aitkin	1:19.82
18. Gracie Rosecrans	9	Crosby-Ironton	1:19.99
19. Ruth Nelson	11	Lakeview Christian Ac	1:21.29
20. London Smook	10	Aitkin	1:23.42

## 800

1. Emaleigh Olesiak	11	Cromwell-Wright	2:38.16
2. Margaret Ringhand	9	Crosby-Ironton	2:39.79
3. Ruth Sandstrom	10	Carlton-Wrenshall	2:41.62
4. Kiera Kylander-John...	8	Marshall (Duluth)	2:41.77
5. Ceilia Prenier	10	Esko	2:43.82
6. Madeline Lacerte	9	Crosby-Ironton	2:44.11
7. Amelia Olson	10	Moose Lake/Willow R	2:44.41
8. Ryleigh Thorpe	7	Two Harbors	2:45.45
9. Aliza Jacobson	9	Crosby-Ironton	2:48.89
10. Kira Hamilton	10	Aitkin	2:48.94
11. Faith Matvey	12	Lakeview Christian Ac	2:50.23
12. Katie Heikkila	9	Mcgregor	2:54.58
13. Olivia Jutila	10	Moose Lake/Willow R	2:54.86
14. Vivian Barden	10	Mcgregor	2:55.24
15. Nia Petry	8	Moose Lake/Willow R	2:55.37
16. Ava McKibbin	8	Esko	2:55.98
17. Aria Oswald-Swenson	8	Two Harbors	2:56.64
18. Brynn McCourtney	9	Marshall (Duluth)	3:02.54
19. Ella Heaton	11	Barnum	3:03.10
20. Rachel Hjort	10	Lakeview Christian Ac	3:14.81
21. Dani Mattson	10	Two Harbors	3:16.71
22. Ruth Nelson	11	Lakeview Christian Ac	3:18.55
23. Amy Schwoch	10	Carlton-Wrenshall	3:27.21
24. Mallory Leitinger	11	Aitkin	3:31.74

## 1600

1. Lamar Gordon	12	Two Harbors	5:43.51
2. Amelia Olson	10	Moose Lake/Willow R	6:00.01

3. Jocelyn Carr	11	Two Harbors	6:09.37
4. Anna Westin	10	Crosby-Ironton	6:09.66
5. Shannon Granquist	11	Moose Lake/Willow R	6:13.09
6. Lizzy Wells	10	Esko	6:19.20
7. Kira Hamilton	10	Aitkin	6:20.97
8. Katie Heikkila	9	Mcgregor	6:22.95
9. Aubrey Pearce	8	Esko	6:34.55
10. Elle Nielsen	11	Moose Lake/Willow R	6:35.85
11. Kaitlyn Warner	9	Mcgregor	6:48.34
12. Abigail Vargo	9	Barnum	7:09.14
13. Lila Dalen	7	Carlton-Wrenshall	7:15.57
14. Olivia Hendren	12	Two Harbors	7:16.03

### 3200

1. Brielle Simula	8	Carlton-Wrenshall	12:41.37
2. Isabel Riley	9	Carlton-Wrenshall	13:03.73
3. Brooklyn Wasche	9	Moose Lake/Willow R	13:08.77
4. Abby Cid	12	Carlton-Wrenshall	13:30.59
5. Gabby Rosecrans	11	Crosby-Ironton	13:37.21
6. Danica Wyman	8	Moose Lake/Willow R	14:06.61
7. Molly Franke	7	Aitkin	14:31.06
8. Allie Ostrowski	9	Aitkin	14:44.84
9. Signe Myers	10	Two Harbors	14:58.60
10. Ava Oswald-Swenson	10	Two Harbors	18:08.51
--. Amelia Saamanen	8	Two Harbors	DQ

### High Hurdle Finals

1. Gwendolyn Lilly	11	Esko	17.08
2. Jasmine Wu	12	Lakeview Christian Ac	17.36
3. Tika May	9	Aitkin	17.78
4. Amaya Grinde	11	Two Harbors	18.06
5. Brita Westman	10	Aitkin	18.41
6. Megan Chopskie	12	Esko	18.42
7. Savannah Holm	12	Aitkin	18.82
8. Harley Spano-Shively	12	Mcgregor	19.28

### High Hurdle Prelims

1. Gwendolyn Lilly	11	Esko	17.53
2. Jasmine Wu	12	Lakeview Christian Ac	17.68
4. Amaya Grinde	11	Two Harbors	17.90
3. Tika May	9	Aitkin	17.94
5. Savannah Holm	12	Aitkin	18.34
6. Brita Westman	10	Aitkin	18.40
7. Megan Chopskie	12	Esko	18.53
8. Harley Spano-Shively	12	Mcgregor	19.18
9. Brooklyn Nelson	9	Two Harbors	19.33
10. Juleauna Johnson	8	Carlton-Wrenshall	19.87
11. Hannah Pederson	11	Crosby-Ironton	19.97
12. Teagen Tessier	8	Carlton-Wrenshall	20.29
13. Raylin Daraitis	10	Crosby-Ironton	20.46
14. Rachel Bopp	10	Two Harbors	20.58
15. Grace Mclvain	10	Esko	20.70
16. Ava Jenne	8	Carlton-Wrenshall	20.83
17. Heidi Weis	8	Marshall (Duluth)	21.72
18. Kaitlyn Bartz	9	Barnum	22.44
19. Ray Anderson	10	Marshall (Duluth)	25.31
20. Heather Lyttle	7	Marshall (Duluth)	29.83

### Lows

1. Tika May	9	Aitkin	52.55
2. Megan Chopskie	12	Esko	53.35
3. Amaya Grinde	11	Two Harbors	53.67

4. Jasmine Wu	12	Lakeview Christian Ac	53.79
5. Aili Lund	10	Barnum	55.99
6. Brecklyn Shovein	8	Esko	56.15
7. Isabella Nyberg	8	Cromwell-Wright	57.38
8. Macie Lind	11	Cromwell-Wright	57.85
9. Teagen Tessier	8	Carlton-Wrenshall	58.60
10. Heidi Weis	8	Marshall (Duluth)	59.35
11. Ava Jenne	8	Carlton-Wrenshall	59.93
12. Sara Cid	10	Carlton-Wrenshall	1:01.02
13. Mariah Fitzpatrick	10	Crosby-Ironton	1:01.42
14. Caitlin Armbrust	11	Crosby-Ironton	1:01.67
15. Ruby Shea	8	Two Harbors	1:02.32
16. Harley Spano-Shively	12	Mcgregor	1:03.14
17. Grace Mclvain	10	Esko	1:04.77
18. Jayla Conner	8	Crosby-Ironton	1:08.60

### Shot Put

1. Annaka Bogenholm	11	Barnum	33-07.50
2. Maya Johnson	8	Esko	32-08.00
3. Julia Peterson	10	Carlton-Wrenshall	30-01.00
4. Reese Kuklinski	10	Esko	29-11.50
5. Kari Rice	12	Mcgregor	28-02.00
6. Mya Gronner	11	Cromwell-Wright	27-07.00
7. Ray Anderson	10	Marshall (Duluth)	26-06.00
8. Cadence Wynn	10	Crosby-Ironton	25-10.00
9. Malea Jerry	11	Moose Lake/Willow R	24-10.50
10. Grace Matvey	10	Lakeview Christian Ac	24-04.00
11. Bella Baker	9	Marshall (Duluth)	24-02.50
12. Jessica Goble	8	Moose Lake/Willow R	23-07.50
13. Brynn von Goertz	7	Two Harbors	23-02.50
13. Abigael Burk	10	Mcgregor	23-02.50
15. Emma Peterson	12	Carlton-Wrenshall	22-07.50
16. Meghan Johnson	12	Esko	22-04.00
16. Emma Johnson	7	Lakeview Christian Ac	22-04.00
18. Brooklyn Nelson	9	Two Harbors	20-05.50
19. Karysa Brown	9	Carlton-Wrenshall	20-02.00
20. Elizabeth Morris	9	Aitkin	19-11.50
21. Josie Kostick	11	Aitkin	18-09.50
22. Sabrina Zoeller	8	Cromwell-Wright	18-08.50
23. Abby Miles	10	Aitkin	17-10.50
24. Ashlynn Thompson	7	Cromwell-Wright	17-03.00
25. Abby Meller	9	Lakeview Christian Ac	17-02.00
26. Hailey Radle	12	Two Harbors	17-01.00
27. Louise De Rooij	11	Moose Lake/Willow R	16-08.50
28. Katelyn Wiseley-Pet...	10	Crosby-Ironton	15-09.00

### Discus Throw

1. Julia Peterson	10	Carlton-Wrenshall	107-07.00
2. Kari Rice	12	Mcgregor	98-09.00
3. Annaka Bogenholm	11	Barnum	90-11.00
4. Maya Johnson	8	Esko	86-11.00
5. Kyra Johnson	11	Esko	80-01.00
6. Malea Jerry	11	Moose Lake/Willow R	80-00.00
7. Emma Peterson	12	Carlton-Wrenshall	78-03.00
8. Ray Anderson	10	Marshall (Duluth)	73-08.00
9. Jessica Goble	8	Moose Lake/Willow R	71-06.00
10. Grace Matvey	10	Lakeview Christian Ac	70-06.00
11. Brynn von Goertz	7	Two Harbors	69-06.00
12. Elizabeth Morris	9	Aitkin	66-03.00
13. MacKenzie Hamilton	12	Aitkin	61-07.00
14. Vera Brown	7	Carlton-Wrenshall	57-02.00
15. Ashlynn Thompson	7	Cromwell-Wright	57-00.00

16. Abby Meller	9	Lakeview Christian Ac	56-03.00
17. Teagan Piecek	12	Aitkin	55-07.00
18. Abigael Burk	10	Mcgregor	52-03.00
19. Sabrina Zoeller	8	Cromwell-Wright	51-10.00
20. Rose Dilly	8	Cromwell-Wright	45-05.00
21. Louise De Rooij	11	Moose Lake/Willow R	40-07.00
22. Hailey Radle	12	Two Harbors	36-06.00
23. Katelyn Wiseley-Pet...	10	Crosby-Ironton	34-11.00

### High Jump

1. Kyra Johnson	11	Esko	4-08.00
2. Morgan Wigg	12	Moose Lake/Willow R	4-08.00
3. Karly Holm	12	Two Harbors	4-06.00
4. Amaya Grinde	11	Two Harbors	4-06.00
5. Liberty Clifford	10	Esko	4-04.00
5. Mariah Fitzpatrick	10	Crosby-Ironton	4-04.00
7. Grace Larson	10	Crosby-Ironton	4-04.00
8. Chiara Houser	10	Esko	4-04.00
9. Izzy Nelson	8	Mcgregor	4-02.00
9. Tallulah Houser	12	Aitkin	4-02.00
9. Tori Oehrlein	9	Crosby-Ironton	4-02.00
12. Ava Jenne	8	Carlton-Wrenshall	4-00.00
12. Kaelynn Gruhlke	9	Aitkin	4-00.00
14. Olivia Hagglund	7	Two Harbors	4.00

### Long Jump

1. Kaitlyn McConnell	10	Esko	16-09.75
2. Trinity Giddings	10	Two Harbors	16-08.00
3. Margaret Silgen	11	Crosby-Ironton	15-05.00
4. Sammie Hachey	9	Crosby-Ironton	15-03.75
5. Rachel Bopp	10	Two Harbors	14-10.25
6. Morgan Wigg	12	Moose Lake/Willow R	14-10.00
7. Delaney Nelson	9	Two Harbors	14-08.00
8. Emma Jacobson	11	Aitkin	14-04.75
9. Katelyn Brown	9	Barnum	14-00.75
10. Caitlin Armbrust	11	Crosby-Ironton	13-04.75
11. Siiena Anderson	10	Cromwell-Wright	13-04.00
12. Evelyn Johnson	11	Moose Lake/Willow R	13-03.75
13. Bela May	10	Aitkin	13-01.75
14. Sophia Frank	9	Barnum	12-05.50
14. Holly Chesbrough	11	Moose Lake/Willow R	12-05.50
16. Eilee Straub	8	Esko	12-05.00
17. Paiton Plante	7	Esko	12-04.25
18. Remington Olesiak	8	Cromwell-Wright	12-01.25
18. Nadia Tessier	9	Carlton-Wrenshall	12-01.25
20. Madelyn Strohmayer	11	Aitkin	11-10.00
21. Grace Grover	9	Barnum	11-08.00
22. Molly Sheda	9	Carlton-Wrenshall	11-04.50

### Triple Jump

1. Karly Holm	12	Two Harbors	33-10.00
2. Margaret Silgen	11	Crosby-Ironton	31-11.00
3. Emma Jacobson	11	Aitkin	31-09.00
4. Macie Lind	11	Cromwell-Wright	31-07.00
5. Kaitlyn McConnell	10	Esko	31-05.00
6. Kyra Johnson	11	Esko	31-03.00
7. Caitlin Armbrust	11	Crosby-Ironton	31-00.00
8. Savannah Holm	12	Aitkin	30-11.50
9. Holly Chesbrough	11	Moose Lake/Willow R	30-10.00

10. Brooklyn Nelson	9	Two Harbors	30-02.00
11. Evelyn Johnson	11	Moose Lake/Willow R	29-05.00
12. Camryn Armbrust	8	Crosby-Ironton	28-09.00
13. Ella Heaton	11	Barnum	28-06.00
14. Nadia Tessier	9	Carlton-Wrenshall	28-00.00
14. Mya Gronner	11	Cromwell-Wright	28-00.00
16. Juleauna Johnson	8	Carlton-Wrenshall	27-11.00
17. Chiara Houser	10	Esko	27-07.00
18. Aili Lund	10	Barnum	27-00.50

### Pole Vault

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#### 4x100

1. Esko	53.71
2. Moose Lake/Willow R	54.22
3. Aitkin	56.12
4. Two Harbors	56.96
5. Carlton-Wrenshall	57.32
6. Mcgregor	57.36
7. Crosby-Ironton	58.36
8. Barnum	58.61
9. Lakeview Christian Ac	58.80
10. Marshall (Duluth)	58.83
11. Cromwell-Wright	1:11.39

#### 4x200

1. Two Harbors	1:53.12
2. Moose Lake/Willow R	1:56.04
3. Mcgregor	1:56.29
4. Cromwell-Wright	1:59.71
5. Carlton-Wrenshall	2:01.91
6. Lakeview Christian Ac	2:02.46
7. Esko	2:03.58
8. Crosby-Ironton	2:03.63
9. Barnum	2:05.39
10. Aitkin	2:06.40
11. Marshall (Duluth)	2:07.22

#### 4x400

1. Two Harbors	4:17.24
2. Mcgregor	4:34.58
3. Cromwell-Wright	4:35.78
4. Moose Lake/Willow R	4:37.81
5. Esko	4:42.59
6. Crosby-Ironton	4:42.92
7. Lakeview Christian Ac	4:59.42
8. Carlton-Wrenshall	5:03.09
9. Aitkin	5:10.77

#### 4x800

1. Two Harbors	10:24.80
2. Crosby-Ironton	10:58.20
3. Carlton-Wrenshall	11:08.57
4. Esko	11:30.95
5. Moose Lake/Willow R	11:37.97
6. Barnum	12:50.86
7. Aitkin	13:09.89